

My Virtues

What are the top 3-5 virtues that you'd like to be included in your eulogy? Consider the following list of virtues and score each 1 - 10 where 10 is what you'd most like to be remembered by. Highlight the top 3 -5 virtues and consciously work everyday to become these virtues.

Virtue	1-10
<h2>Honourable</h2> <p>Being honourable is respecting those over you and acting in a way that is deserving of respect from those under you. Honour is the reputation and alliance that you earn from those you serve and those who serve you.</p>	
<h2>Courageous</h2> <p>Courage isn't the absence of fear, it's the strength to move forward in the face of fear. Courage is perhaps the most vital virtue to develop. When we feel the fear and do it anyway we develop courage.</p>	
<h2>Compassionate</h2> <p>The ability to step outside of yourself and perform an act of selflessness: this is the foundation of compassion. To be compassionate is to value others above yourself for the sole purpose of contributing to the greater good.</p>	
<h2>Respectful</h2> <p>The respect you show to others is a reflection of your self respect. For this reason, respect is something you do for yourself. That doesn't mean you have to agree with others, but you simply value yourself enough to give others respect.</p>	
<h2>Loyal</h2> <p>Staying true to yourself and standing by someone else's side when they face adversity is mastery of loyalty. Never giving up on someone, no matter how hard it gets, for as long as it takes: that is the true measure of any great relationship.</p>	
<h2>Honest</h2> <p>You are only as good as your word. If your word isn't worth anything, then you have lost a piece of your soul. Being honest is difficult, but it is the bedrock of character. A house is only as strong as its foundation.</p>	
<h2>Prudent</h2> <p>Prudence is the capacity to face reality squarely in the eye, without allowing emotion or ego to get in the way, and do what is best for the team.</p>	
<h2>Graceful</h2> <p>Grace is giving something to someone who hasn't earned it, doesn't deserve it and yet we give it anyway. Simply put, grace is giving someone dessert even though they didn't eat their vegetables.</p>	

<h2>Foregiving</h2> <p>When we forgive we are giving up our right to collect on a debt. “An eye for an eye will only make the whole world blind,” said Gandhi. When I no longer have the need for revenge, then I have forgiven.</p>	
<h2>Humble</h2> <p>Humility is the leadership quality of taking the brunt of the blame when things go south and giving away the majority of the credit when things go well. The leader who practices humility will never ask anyone to do what they themselves cannot do. Humility is leading from a position of service.</p>	
<h2>Authentic</h2> <p>Being true to yourself isn’t easy. Pulling off the mask that hides your flaws and living in the fullness of who you are creates a contagion that gives others the courage to do the same.</p>	
<h2>Excellent</h2> <p>Excellence is striving to be better than the day before and not just accepting “this will do” especially when you know that doing better will benefit you and others.</p>	
<h2>Kind</h2> <p>There is strength in kindness. A simple smile, a kind word or even an arm on a shoulder can change someone’s life for the better and thereby change the world ... Kindness is your super-power.</p>	
<h2>Grateful</h2> <p>To be truly grateful is to consider all the gifts you have been given and to understand that no matter what, there is always something for which to be grateful.</p>	
<h2>Patient</h2> <p>Remaining calm and not becoming annoyed when dealing with problems or difficult people.</p>	
<h2>Committed</h2> <p>You do what you say you’re going to do without any excuses.</p>	
<h2>Tenacious</h2> <p>Tenacity is the ability to stick it out and never give up, to keep going when things are tough and there is no end in sight. This is the only way to live a life of contentedness because regret only happens when we give up.</p>	
<h2>Tactful</h2> <p>Having a keen sense of what to say or do to avoid giving offence to others. Strive to live by the golden rule, “Do unto others as you would have them do unto you.”</p>	
<h2>Generous</h2> <p>Giving things to others freely, willingly and cheerfully and without any expectation of getting anything in return.</p>	
<h2>Empathetic</h2> <p>Empathy is the ability to put aside your ego, step into someone else’s shoes and experience their emotions. When we do this, we create connection. The number one emotional need we all have is for connection.</p>	

<p>Content</p> <p>Contentment is a mind-set: it's choosing not to look at lack but see the abundance that already exists.</p>	
<p>Assertive</p> <p>Unapologetically going after what you want in life. Be assertive and let the world feel the full weight of who you are. Live with passion ... without being a dick.</p>	
<p>Cooperative</p> <p>The most important virtue for success is the ability to cooperate. If you can't play well with others you're going to get kicked out of the sandbox. Learn to cooperate and you'll be successful.</p>	
<p>Adaptable</p> <p>Adaptability is the ability to be flexible to change and gain the advantage in any situation. Things that aren't adaptable break ... things that aren't adaptable don't survive.</p>	
<p>Joyful</p> <p>Joyfulness is showing or expressing joy in your expressions, actions, or speech. Being joyful is infectious, it brings joy to others.</p>	
<p>Wise</p> <p>Able to stop and consider the consequences of our decisions before acting or speaking and then act accordingly.</p>	
<p>Responsible</p> <p>Fulfilling one's duties and accepting the consequences of one's words and actions, both intentional and unintentional.</p>	
<p>Peaceful</p> <p>Having a sense of inner calm, no matter what is happening around us.</p>	
<p>Purposeful</p> <p>Having a clear focus and a vision, which all of us can benefit from. Thinking and acting in consideration of others gives our life meaning and a clear sense of purpose.</p>	
<p>Tolerant</p> <p>Allowing other people to have their opinions and accepting the preferences and ideas that are different from ours.</p>	
<p>Courteous</p> <p>Treating other people with respect and recognising that all people are worthy of love and acceptance.</p>	