

## Daily Dialogue

I am grateful for all the positive experiences and opportunities that are coming my way

(My Statement)

Including:

- having positive relationships enter my life
- having friends who will have time for me when things get tough.
- being part of an awesome volunteering community
- working in a new field of work that helps me grow as an individual.
- becoming a guitar player and member of a band
- being a great photographer
- loving myself for everything I am
- being happy with the face and body I have
- being known for my honesty
- being known for respect for others
- being known for my commitment.
- being seen as a joyful positive person
- being someone who gets the most from life.
- being someone who helps others
- being fit and healthy